

# **Sports Tasters and Drop-Ins**

#### Monday 12th

Cricket - Sports Hall - 2-4pm
Taekwondo - IAC Teaching Room - 2-4pm
Women's Football - 3G Pitch - 2-4pm
Calisthenics - Free Weights Room - 2-4pm
Squash - Squash Courts - 3-6pm
Lacrosse - Multi-Use - 4-6pm
Calisthenics - Isambard - 5-7pm
Handball - Netball Hall - 5:3O-7:3Opm
Basketball - Sports Hall - 6-8pm
Ultimate Frisbee - 3G Pitch - 6-8pm
Dance - Isambard - 7-9pm
Ultimate Frisbee - Sports Hall 8-IOpm
Jiu-Jitsu - Isambard - 8-IOpm

# Tuesday 13th

Pilates - Isambard - 12-Ipm Hockey - Multi-Use - 2-4pm MMA - IAC Teaching Room - 2-4pm Football Drop In - 3G Pitch - 2-4pm Hand Balancing - Isambard - 3-5pm Climbing - Climbing Wall - 5-8pm Boxercise - Isambard - 6-7pm

#### Wednesday 14th

Taekwondo - Isambard - 10am-19pm Dance - Isamabrd - 12-3pm Futsal - Netball Hall - 12:30-2:30pm Women's Rugby Union - Site 5 - 1-3pm Powerlifting - Free Weights Room - I-4pm Sailina - Datchet Sailina - I-5pm Hockey - Multi-Use - 2-4pm Cricket - Sports Hall - 2-4pm Women's Football - 3G Pitch - 2-4pm MMA - IAC Teaching Room - 2-4pm Target Shooting - Isambard - 3-5pm Ruaby Legaue - Site 5 - 3-5pm Sauash - Sauash Courts - 3-5pm Volleyball - Netball Hall - 3:30-5:30pm Fencing - Sports Hall - 5-7pm Rugby - CEM Pitch - 5-7pm Badminton - Netball Hall - 5:30-7:30pm Dance - Isambard - 7-9pm Jiu-Jitsu - IAC Teaching Room - 8-IOpm

#### Thursday 15th

Men's Football - Site 5 - IOam-2pm Men's Football - 3G Pitch - IOam-9pm Yoga - Isambard - Ilam-12pm Tennis - Tennis Courts - 12-2pm Basketball - Sports Hall - 12-4pm Badminton - Netball Hall - 12:30-2:30pm Taekwondo - IAC Teachina Room - 2-4pm American Football - 3G Pitch - 2-4pm Handball - Netball Hall - 3:30-5:30pm Hockey - Multi-Use - 4-6pm Boxing - Sports Hall - 4-6pm Learn to Lift - Free Weights Room - 4-6pm Dance - Isambard - 4-9pm Ultimate Frishee - CFM Pitch - 5-7pm Badminton - Netball Hall - 6:30-8:30pm American Football - CEM Pitch - 7-9pm Archery - Sports Hall - 8-IIpm Table Tennis - Netball Hall - 8:30-10:30pm

## Friday 16th

Table Tennis - Sports Hall - IOam-I2pm
Taekwondo - Isambard - 2-4pm
Calisthenics - Free Weights Room - 2-4pm
Lacrosse - Multi-Use - 4-6pm
Dance - Isambard - 4-6pm
Climbing - Climbing Wall - 5-8pm
Basketball - Sports Hall - 5-9pm
Cheerleading - Netball Hall - 5:3O-7:3Opm
Target Shooting - Isambard - 6-8pm
Handball - Netball Hall - 7:3Opm-9:3Opm
Wheelchair Basketball - Sports Hall - 9-IIpm

#### Saturday 17th

Powerlifting - Free Weights Room - 9am-I2pm Squash - Squash Courts - I-3pm Sailing - Datchet Sailing - I-5pm Women's Rugby Union - Site 5 - 2-4pm

## Sunday 18th

American Football - CEM Pitch - 10am-12pm Calisthenics - Isambard - 2-4pm Taekwondo - Isambard - 8-10pm

#### Monday 19th

Men's Football - 3G Pitches - IOam-2pm Cricket - Sports Hall - 2-4pm Taekwondo - IAC Teaching Room - 2-4pm Women's Football - 3G Pitch - 2-4pm Rugby Union - Site 5 - 2-5pm Squash - Squash Courts - 3-6pm Lacrosse - Multi-Use - 4-6pm Calisthenics - Isambard - 5-7pm Volleyball - Netball Hall - 5:3O-7:3Opm Volleyball - Sports Hall - 6-8pm Dance - Isambard - 7-9pm Jiu-Jitsu - Isambard - 8-IOpm

#### **Tuesday 20th**

Pilates - Isambard - 12-Ipm Futsal - Netball Hall - 1:30-3:30 Hockey - Multi-Use - 2-4pm Ultimate Frisbee - 3G Pitch - 2-4pm MMA - IAC Teaching Room - 2-4pm Athletics Meet The Coaches - IAC - 3-4pm Hand Balancina - Isambard - 3-5pm Cheerleading - Netball Hall - 4:30-6:30pm Volleyball - Sports Hall - 5-7pm Climbina - Climbina Wall - 5-8pm Boxercise - Isambard - 6-7pm Handball - Netball Hall - 6:30-8:30pm Wheelchair Basketball - Sports Hall - 7-9pm Boxing - Sports Hall - 9-IIpm

#### Wednesday 21st

Taekwondo - Isambard - 10am-12pm Men's Football - Site 5 - IOam-2pm Dance - Isamabrd - 19-3pm Powerlifting - Free Weights Room - I-4pm Sailing - Datchet Sailing - I-5pm Hockey - Multi-Use - 2-4pm Cricket - Sports Hall - 2-4pm Women's Football - 3G Pitch - 2-4pm MMA - IAC Teaching Room - 2-4pm Rugby Union - Site 5 - 2-5pm Netball - Tennis Courts - 9-6pm Taraet Shootina - Isambard - 3-5pm Squash - Squash Courts - 3-5pm Rugby League - CEM Pitch - 4-6pm Fencing - Sports Hall - 6-8pm Football - 3G Pitch - 5-7pm Badminton - Netball Hall - 5:30-7:30pm Dance - Isambard - 7-9pm Jiu-Jitsu - IAC Teaching Room - 8-IOpm

## **Thursday 22nd**

Yoga - Isambard - Ilam-I2pm
Tennis - Tennis Courts - I-4pm
Basketball - Sports Hall - Il2-4pm
Badminton - Netball Hall - Il:30am-I:30pm
Taekwondo - IAC Teaching Room - 2-4pm
American Football - 3G Pitch - 2-4pm
Table Tennis - Netball Hall - 3:30-5:30pm
Hockey - Multi-Use - 4-6pm
Learn to Lift - Free Weights Room - 4-6pm
Dance - Isambard - 4-9pm
Ultimate Frisbee - CEM Pitch - 5-7pm
Badminton - Netball Hall - 6:30-8:30pm
American Football - CEM Pitch - 7-9pm
Archery - Sports Hall - 8-Ilpm
Handball - Netball Hall - 8:30-IO:30pm

## Friday 23rd

Taekwondo - Isambard - 2-4pm Rugby Union - Site 5 - 2-4pm Calisthenics - Free Weights Room - 2-4pm Lacrosse - Multi-Use - 4-6pm Dance - Isambard - 4-6pm Rugby League - CEM Pitch - 4-6pm Climbing - Climbing Wall - 5-8pm Basketball - Sports Hall - 5-9pm Cheerleading - Netball Hall - 5:3O-7:3Opm Target Shooting - Isambard - 6-8pm

# Saturday 24th

Powerlifting - Free Weights Room - 9am-12pm Squash - Squash Courts - I-3pm Sailing - Datchet Sailing - I-5pm

#### Sunday 25th

American Football - CEM Pitch - IOam-I2pm Calisthenics - Isambard - 2-4pm Fencing - Sports Hall - 2-6pm Taekwondo - Isambard - 8-IOpm